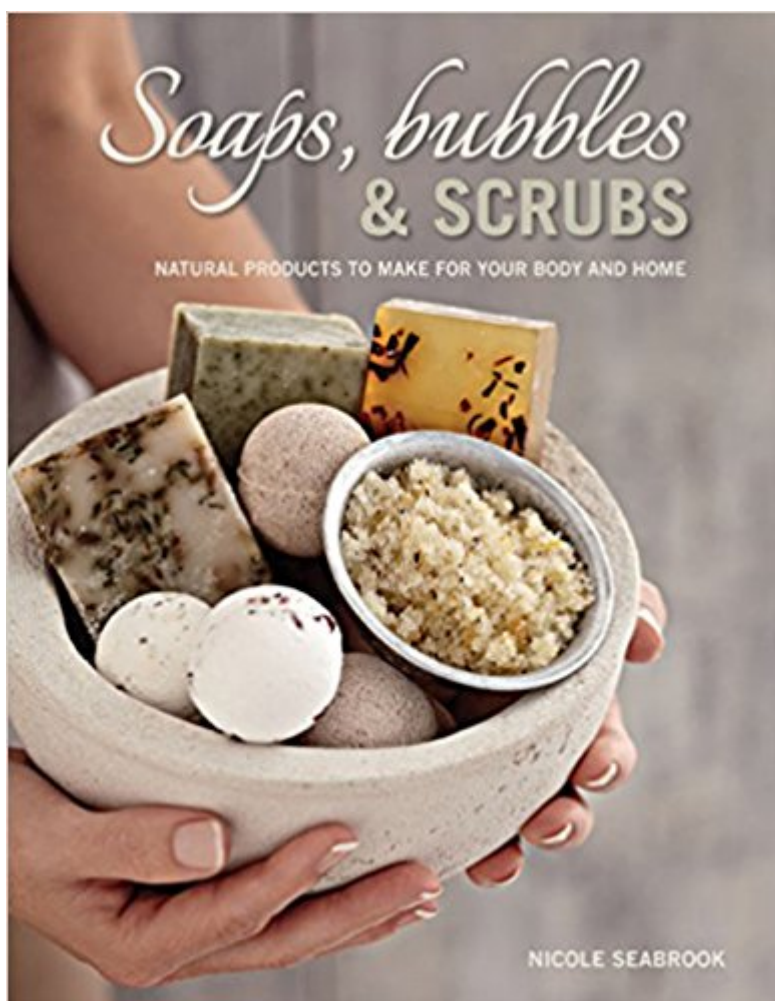


The book was found

Soaps, Bubbles & Scrubs: Natural Products To Make For Your Body And Home



Synopsis

After attending a natural product workshop during her time as an aromatherapy student, Nicole Seabrook became interested in creating her own, personalized natural products. Her mission to discontinue using chemical products in her home in favor of "all things natural"™ proved a tough challenge at first as it was difficult to source certain ingredients in South Africa. However, as consumers become more aware of the toxic chemicals present in everyday household cleaning agents and cosmetics, and are keen to "go green"™, these ingredients are now readily available at specialty health shops and pharmacies. Nicole also saw the need for a book on how to make these products at home in a practical, affordable and easy way. *Soaps, Bubbles & Scrubs* comprises more than 100 simple, easy-to-follow recipes that Nicole has developed for use on your body and in your home. There are chapters on facial products, hair products, treatments for hands and feet, as well as products for babies and children, and for use during pregnancy. She also shows you how to make glycerin and cold-process soaps, and discusses the various essential oils and their uses. QR (quick response) codes have been included to provide links to videos on the Internet demonstrating how to make some of the products. Contents: Introduction, About natural skin care, The origin of natural cosmetics and the history of soap making, Aromatherapy essential oils, Carrier oils, Equipment, Products for the body, Products for hands and feet, Products for hair, Bath products, Facial products, Products for pregnancy and childbirth, Products for babies, Products for kids, Soap, Products for the home, First-aid and medicinal products, References, Index. • 100+ recipes for a wide range of products, from soaps, body scrubs, shampoos and foot soaks to wound cleansers, mouthwash, dishwashing liquids and air-fresheners. • Only natural ingredients and essential oils are used. There are also products that can be used safely during pregnancy and for babies and children. • QR codes will link to video clips on YouTube, with separate clips for recipes that require more detail.

Book Information

Paperback: 160 pages

Publisher: Penguin Random House South Africa (March 1, 2014)

Language: English

ISBN-10: 1432302000

ISBN-13: 978-1432302009

Product Dimensions: 8.4 x 0.6 x 10.9 inches

Shipping Weight: 1.6 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (3 customer reviews)

Best Sellers Rank: #848,686 in Books (See Top 100 in Books) #185 inÂ Books > Crafts, Hobbies & Home > Home Improvement & Design > How-to & Home Improvements > Green Housecleaning #946 inÂ Books > Crafts, Hobbies & Home > Home Improvement & Design > How-to & Home Improvements > Cleaning, Caretaking & Relocating #1669 inÂ Books > Crafts, Hobbies & Home > Sustainable Living

Customer Reviews

SOAPS, BUBBLES, AND SCRUBS BY NICOLE SEABROOK: is a lovely book that any teen or woman would love to use for creative ways of making and using natural beauty products. The book details the tools and methods used to produce these economical, healthy beauty and comfort aids from soaps to face creams, body oils and lotions, massage oils, body and foot softeners, baby care, and child care products.. Even if you have never considered making these products for yourself and think it would be labor intensive, think again! Nicole makes it so simple, and she should know because she turned her studies into a professional line of products used in spas and health centers for skin care. The tools are simple and the ingredients are easy to purchase, and some are even already in your kitchen. This book makes fun activities for making products for your home use or for exotic gifts for friends. She even gives great ways to package these home-made products exquisitely! A fun activity for any teen girl party! and a way to save lots of money and improve your skin and general health. Great book!

This book is comprehensive and covers a wide range of products. I love the recipes!

Love this books. You can learn a lot.

[Download to continue reading...](#)

Soaps, Bubbles & Scrubs: Natural products to make for your body and home Essential Oils Set #6: Body Butters, Homemade Body Scrubs & Masks for Beginners: Natural Remedies Beaker, Bubbles & the Bible #2: Even More Bible Lessons from the Science Lab (Beakers, Bubbles and the Bible) Essential Oils Box Set 5: Soap Making for Beginners & Homemade Body Scrubs & Masks for Beginners: Natural Remedies Pure Soapmaking: How to Create Nourishing, Natural Skin Care Soaps Natural Gas Trading: From Natural Gas Stocks to Natural Gas Futures- Your Complete, Step-by-Step Guide to Natural Gas Trading Essential Oils Beauty Secrets Reloaded: How To Make Beauty Products At Home for Skin, Hair & Body Care: A Step by Step Guide & 70 Simple Recipes

for Any Skin Type and Hair Type The Organically Clean Home: 150 Everyday Organic Cleaning Products You Can Make Yourself--The Natural, Chemical-Free Way How to Make Bubbles (Hands-On Science Fun) Muslim Rap, Halal Soaps, and Revolutionary Theater: Artistic Developments in the Muslim World HOW TO MAKE MONEY ONLINE: Learn how to make money from home with my step-by-step plan to build a \$5000 per month passive income website portfolio (of 10 ... each) (THE MAKE MONEY FROM HOME LIONS CLUB) What Customers Want: Using Outcome-Driven Innovation to Create Breakthrough Products and Services: Using Outcome-Driven Innovation to Create Breakthrough Products and Services Body Butters for Beginners [2nd Edition]: Proven Secrets to Making All-Natural Body Butters for Rejuvenating and Hydrating Your Skin The Home Creamery: Make Your Own Fresh Dairy Products; Easy Recipes for Butter, Yogurt, Sour Cream, Creme Fraiche, Cream Cheese, Ricotta, and More! FBA: Product Research: Complete Expert Guide: How to Search Profitable Products to Sell on (FBA, Product Research, How to Find the Best Products to Sell on Book 1) The Soapmaker's Companion: A Comprehensive Guide with Recipes, Techniques & Know-How (Natural Body Series - The Natural Way to Enhance Your Life) I Wonder Why Soap Makes Bubbles: and Other Questions About Science Pop! A Book About Bubbles (Let's-Read-and-Find-Out Science, Stage 1) The Invisible Hands: Top Hedge Fund Traders on Bubbles, Crashes, and Real Money Ears & Bubbles: Dancing My Way from The Mickey Mouse Club to The Lawrence Welk Show

[Dmca](#)